



EARTHQUAKE SAFETY

Before an earthquake



Design and build earthquake resilient homes

- Building Codes
- Land Use Planning

Insure your home and properties

Insurance

- Life
- Home
- Car
- Crops

Develop a disaster management plan with your family members

Prepare and keep a disaster supplies kit

Check List

1. First Aid kit ✓
2. Radio ✓
3. Flash light ✓
4. Water ✓
5. Prescription medication ✓
6. Some cash ✓
7. Water ✓
8. Tools and knife ✓
9. Et ✓

Secure the objects that could fall, slide or block exits

Periodically practice "Drop, Cover, Hold" and other earthquake drills

DROP

COVER

HOLD

Identify and know evacuation routes, site or safe places outside your building

Evacuation Plan Map

- F-3
- F-2
- F-1
- Ground floor

Know the contact information of emergency services

110 Fire Fighter Division

112 Ambulance

111 Traffic Police

113 Royal Bhutan Police

999 Disaster Communications & Helpline Unit

Learn the disaster management plans of your dzongkhag, gewog & community

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